

Pedro Machado

Psychologist for performance / UEFA C License

I am, above all, a professional breathing sports and psychology. Football is a passion that brings together elements such as: learning, personal development and training of practitioners; communication between athletes and coaches; team spirit; group identity; goal settings and ambition. Now, all these elements are a key focus for high-performance sports psychology, meaning the perfect mix.

PROFESSIONAL QUALIFICATIONS

- **ISPA - Bachelor in applied Psychology** **2007**
- **UEFA C Course, Level I - Lisbon Football Association** **2005**

EXPERIENCE

Consultant and Trainer of Psychology **2009-2015**

Development and implementation at national level for training studies as part of Organizational Behavior and Human Resources Management, particularly in such areas as: leadership, management, team development and organizational process.

Football School - Kalorias Futebol Tejo **2013-2014**

Planning and implementation of training methodologies for women's football team.

Consultant and Trainer of Psychology in School Context **2008-2010**

Coaching for teachers to manage behavior, communication and leadership in the classroom context. Assessment, counseling for students of the 1st and 2nd cycles guidance.

SU 1º Dezembro **2005**

First Head Coach team U-14

RELEVANT SKILLS

- **Research in scientific areas:** Psychology, Sport Psychology, Organizational Behavior, Sport Training and Human Resource Management.
- **Motivation to work in sports context:** the training aspects, from the perspective of organizational management and hillsides of educational and competition.
- **Planning and execution** of training programs and progression of pedagogies to football.

ADDITIONAL EMPLOYMENT

- **Course Swimming Coach - Level I**
Planning and implementation mechanisms for management and control of the swimming school results.

Further references available on request.